

Pocari Sweat Run Carnival 2023

3 December 2023 (Sunday)

5KM Individual

5KM GO RUN Individual - Female 12-13

Rank	Bib	Eng Name	Chi Name	Official Time
1	5211	YUEN ELLA RILEY	袁源	0:26:30
2	5201	WONG YAT YEE	黃逸頤	0:28:43
3	5213	TANG CHING	鄧靖	0:29:11

Pocari Sweat Run Carnival 2023

3 December 2023 (Sunday)

5KM Individual

5KM GO RUN Individual - Female 14-15

Rank	Bib	Eng Name	Chi Name	Official Time
1	5313	GUAN TSZ YIN	關子妍	0:20:21
2	5303	YAU CHEUK YIN	邱焯然	0:23:15
3	5308	HO SUM YEE	何心怡	0:23:36

Pocari Sweat Run Carnival 2023

3 December 2023 (Sunday)

5KM Individual

5KM GO RUN Individual - Female 16-29

Rank	Bib	Eng Name	Chi Name	Official Time
1	4310	LEUNG LOK MAN COCO	梁樂文	0:21:19
2	4145	YIP CHUIYEE	葉翠儀	0:22:38
3	4313	LIN QIANLAN	林倩嵐	0:22:51

Pocari Sweat Run Carnival 2023

3 December 2023 (Sunday)

5KM Individual

5KM GO RUN Individual - Female 30-39

Rank	Bib	Eng Name	Chi Name	Official Time
1	5555	VUT TSZ YING	屈旨盈	0:20:39
2	5458	CHAN YINNI	燕妮	0:21:02
3	5469	LEUNG HOI TING	梁凱婷	0:21:35

Pocari Sweat Run Carnival 2023

3 December 2023 (Sunday)

5KM Individual

5KM GO RUN Individual - Female 40-49

Rank	Bib	Eng Name	Chi Name	Official Time
1	4767	LEUNG SAU CHU	梁秀珠	0:23:45
2	4731	LI CHUNG KAN	李中芹	0:23:56
3	4756	CHOY SHUI HING	蔡瑞卿	0:24:30

Pocari Sweat Run Carnival 2023

3 December 2023 (Sunday)

5KM Individual

5KM GO RUN Individual - Female 50 or above

Rank	Bib	Eng Name	Chi Name	Official Time
1	5909	YU CHING MAN	余靜雯	0:25:55
2	5902	CHENG TERESA		0:26:22
3	5802	WONG HIU FAI	黃曉暉	0:26:59

Pocari Sweat Run Carnival 2023

3 December 2023 (Sunday)

5KM Individual

5KM GO RUN Individual - Male 12-13

Rank	Bib	Eng Name	Chi Name	Official Time
1	5002	WONG HON TING	黃瀚霆	0:18:10
2	5006	WONG EDISON		0:19:28
3	5017	LO HO FUNG RICK	羅浩峰	0:19:31

Pocari Sweat Run Carnival 2023

3 December 2023 (Sunday)

5KM Individual

5KM GO RUN Individual - Male 14-15

Rank	Bib	Eng Name	Chi Name	Official Time
1	5103	KWOK WAI LUN	郭偉倫	0:18:56
2	5158	COLIN-JONES JACK		0:19:02
3	5101	LEUNG YUK MING ZAC		0:19:18

Pocari Sweat Run Carnival 2023

3 December 2023 (Sunday)

5KM Individual

5KM GO RUN Individual - Male 16-29

Rank	Bib	Eng Name	Chi Name	Official Time
1	1391	YEUNG JASON CHUN HO	楊雋濠	0:16:52
2	1061	SZE SUM TIK	施心迪	0:17:13
3	1344	YEUNG HO YAN	楊浩恩	0:17:51

Pocari Sweat Run Carnival 2023

3 December 2023 (Sunday)

5KM Individual

5KM GO RUN Individual - Male 30-39

Rank	Bib	Eng Name	Chi Name	Official Time
1	2465	BROADBENT NEIL		0:17:51
2	2252	WONG YEUNG WAI	黃揚瑋	0:18:27
3	2319	TSE MO PANG	謝武鵬	0:18:59

Pocari Sweat Run Carnival 2023

3 December 2023 (Sunday)

5KM Individual

5KM GO RUN Individual - Male 40-49

Rank	Bib	Eng Name	Chi Name	Official Time
1	3210	LAI HO KI	黎可基	0:18:13
2	3081	LEE YUK TONG	李玉堂	0:18:51
3	3410	HU WEN HAN		0:18:56

Pocari Sweat Run Carnival 2023

3 December 2023 (Sunday)

5KM Individual

5KM GO RUN Individual - Male 50-59

Rank	Bib	Eng Name	Chi Name	Official Time
1	3833	WONG YAT CHEE		0:19:48
2	3845	MOK HO YIN		0:21:15
3	3770	WONG YIU FAI		0:21:43

Pocari Sweat Run Carnival 2023

3 December 2023 (Sunday)

5KM Individual

5KM GO RUN Individual - Male 60 or above

Rank	Bib	Eng Name	Chi Name	Official Time
1	1701	KAN SUNG KEE	Sung Kee Kan	0:23:10
2	1760	CHAN TIN YUEN		0:25:02
3	1720	WONG CHIN WAN	黄展雲	0:26:57